

CHANGING TIDES NEWSLETTER

August 2019

***Estero Bay United Methodist Church
3000 Hemlock Ave. Morro Bay, CA 93442***



Wave Lengths

Getting Out of Irons

One of the cool things about living in this area is the connection to the ocean. I love boats and ships.

I enjoy walking by the marinas and looking at the fleets of boats moored there. Sailing language has always been based on metaphor because it speaks so well to conditions sailors' experience.

The condition of being "in irons" is one that is oppressively clear. A sailing vessel is "in irons" when it is headed into the wind and cannot move to tack or otherwise maneuver to make headway.

It feels like the boat is shackled in iron cuffs.

As a river pilot I have experienced this when going upriver against the current and a sudden rise in the river makes the current more powerful so the vessel cannot make headway. This also happens when the vessel is overloaded. It is the captain's place to make sure the vessel is not overloaded and to keep an eye on upstream conditions so the boat will continue to its destination.

As a church we cannot be "in irons." We must make headway for we are not a stagnant institution, but rather a dynamic community. *We have the possibility of making a difference people's lives every day*—so long as we respect the conditions of our community, and not overload ourselves with activities that do not speak to our mission. Our work for the near future is to discern the activities of our church within the framework of our mission, taking into account the energy we have as a church so we may know where our energy must be spent.

This process will reveal much to us about ourselves. What's your first response? Is it the excitement of gaining insight into God's Kingdom which is right in front of us? Or is it fear of loss or failure? God is with us. We have each other. Fear cannot stand in the face of God's grace and the determination of God's people. We are enough.

We have resources to nurture our spirits and to mature in Christian wisdom. Apart from Sunday Morning Worship, we have Wednesday Morning Bible Study and Wednesday Evening Worship. I hope to add to those opportunities with other events that will develop us as more powerful people of grace. Let me know your ideas and concerns.

Lastly, when I arrived at EBUMC on the 8th of July, I was given a welcome basket of cards, notes and gifts. I want you to know how powerfully welcomed that made me feel. For all of your gifts, notes, cards, and advice about living in this community, I give you thanks. I so appreciate your generosity to me.

Stephen

(aka Pastor Stephen Meadows)

Treasures & Treats

Annual Yard & Bake Sale

Saturday August 18, 8 am to 2 pm

-It's time to enter into that spiritual discipline of simplifying life by reducing clutter and cleaning out cupboards and drawers.

We welcome all donations that are clean, gently used, and in working order. Items will be accepted beginning August 8, pricing and sorting will start on August 12, continuing through Friday the 16th. Please call or email the office if you have items to be picked up.

-With all of the wonderful bakers in our church, it is no wonder our baked goods sell so well at our community based events. Please see the signup sheet in the Narthex for volunteers to help out on the day of the sale and to bring baked goods for the bake sale.

If you have an hour or two to spare come on down as we need lots of hands to make this work!

Church Office News

Contribution statements will be in the Narthex August 11 for pick up. Please expand your Sunday Worship by signing up to Greet/Usher or be liturgist or bring some snacks for coffee.

It's fun to participate!

The name of our Leadership Committee has been updated to the Church Council and the next meeting is August 25 after worship.

All are welcome to attend.



We hold these members and friends in our prayers

Ian Erickson	Theresa MacKinnon
Gretchen Foran	Frances McCay
Joyce Fox	Carolyn Neuman
Brian Hillenberg	Jim & Jeanette Ragan
Mickie Hooks	Jane Rhine
Michael Kaney	Arlene Stone
Theresa MacKinnon	Richard Williams

Wednesday Evening Worship

All are welcome to attend
Evening Worship
with Pastor Stephen,
Wednesdays at 6:30 pm.



Wednesday Morning Bible Study

- August 7 Isaiah 1:1, 10-20, Psalm 50:1-8, 22-23, Genesis 15:1-6, Psalm 33:12-22, Hebrews 11:1-3, 8-16, Luke 12:32-40
- August 14 Isaiah 5:1-7, Psalm 80:1-2, 8-19, Jeremiah 23:23-29, Psalm 82, Hebrews 11:29-12:2, Luke 12:49-56
- August 21 Jeremiah 1:4-10, Psalm 71:1-6, Isaiah 58:9b-14, Psalm 103:1-8, Hebrews 12:18-29, Luke 13:10-17
- August 28 Jeremiah 2:4-13, Psalm 81:1, 10-16, Sirach 10:12-18 or Proverbs 25:6-7, Psalm 112, Hebrews 13:1-8, 15-16, Luke 14:1, 7-14

Book Club

Our next gathering will be Thursday, August 8th at Fay Fletcher's home.

The book will be "Becoming" by Michelle Obama, published in 2018. This will be the 3rd anniversary of our group and we always look forward to welcoming new members joining us.

684 Fresno Avenue, Morro Bay
805 776 5047.

Esther Sisters Yard & Bake Sale News

Donations for the yard sale are accepted August 8 through Friday 8/16. We need help with sorting, pricing and organizing Monday 8/12 9:00 or 10:00 am to Noon each day until we are ready for a fantastic yard sale. We accept clothing, linens, shoes, kitchenware and household/gardening items, furniture, automotive/tools books; all in clean, working order.

Everyone think about what you can create for the Bake Sale portion of the yard sale, like jam/jelly, pies, cakes, cookies, breads, brownies and cupcakes. People come especially for our homemade goodies. Please bring labeled baked goods by Friday from 9-3pm or early Saturday morning.

Help us make this Bake Sale a great and fun Fundraiser! We also need assistance on the day of the yard sale, even for only an hour or two. Please see the signup sheet in the Narthex.



Morro Bay United Methodist Children's Center



Center Closures and Important Dates

August 8th Last day of the Summer Session.
Center Closed August 9-16.

Preschool starts Tuesday, August 20th
Del Mar/After School Care for School Age children starts Monday, August 19th.

August Donations Needed:

Small toys/figurines for Imagination garden,
8 small house plants, Flour, Salt, Baking soda
Disinfectant wipes, Balloons.

We are so thankful for all of our teachers!

Religion

Ever wonder what the term really means? Its first use was by Cicero, and according to etymologists its meaning was uncertain. After Cicero the term was used to describe a "binding to" or a "binding together."

Our religion is the way we bind the aspects of our life together into a whole so life may increase. I have heard people share concern, after concern, after concern, about the direction of our world. The world appears to many people, to be coming apart. There is less international and national cohesiveness now that any other time I have studied in history.

When I consider all of the separation and fragmentation we experience, it seems to me that religion is essentially what the world needs right now. We are in the right place at the right time to have a profoundly positive effect in our community.

When I hear about religion on the news or in the culture, it is usually cast in a negative light. Let each of us ponder the great gift that religion can be, and let us be pleased to help the world to hold together in the hospitality of graciousness. Let us practice our religion for the common good of all.

Coming Up

September 16, 4:30 pm

Monday Night Vet's Hall Dinner

On the Menu will be Tuna Casserole,
Vegetable, Green Salad and Fruit.



Esther Sisters will meet Thursday
September 12 @ Noon for fellowship and
brown bag lunch.



Estero Bay United Methodist Church

Mailing Address: P.O. Box 234 Morro Bay, CA 93443

3000 Hemlock Avenue, Morro Bay, CA 93442

805-772-7644, email: ebumcmb@yahoo.com

Website: www.morrobayumc.org

Changing Tides Newsletter

August 2019



***Estero Bay United Methodist Church Sunday Worship, Childcare
and Bible Enrichment at 9:45 am. All are welcome!***

August Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 Joyful Noise 9 am Sunday Worship 9:45 am Communion	5	6 Cambria Dinner 5:45 pm AA Men's Meeting 8:00 pm	7 Morning Bible Study 10:00 am Evening Worship 6:30 pm	8 Start date of bringing yard sale items. 9 am to 3 pm	9	10
11 Joyful Noise 9 am Sunday Worship 9:45 am	12 Yard Sale Sort 9 am	13 Yard Sale Sort 9 am AA Men's Meeting 8:00 pm	14 Yard Sale Sort 9 am Morning Bible Study 10:00 am Evening Worship 6:30 pm	15 Yard Sale Sort 9 am	16 Yard Sale Sort 9am Bring in Items for Bake Sale	17 6:30 am Set Up YARD & BAKE SALE! 8am – 2pm
18 Joyful Noise 9 am Sunday Worship 9:45 am	19	20 Cambria Dinner 5:45 pm AA Men's Meeting 8:00 pm	21 Morning Bible Study 10:00 am Evening Worship 6:30 pm	22	23 September Newsletter Deadline	24
25 Joyful Noise 9am Sunday Worship 9:45 am Church Council Meeting 11:15 am	26	27 AA Men's Meeting 8:00 pm	28 Morning Bible Study 10:00 am Evening Worship 6:30 pm	29	30	31